

## Monkwick Junior School Sports Premium Action Plan 2022 - 2023

The sports premium grant received in 2022/23 is **£18,290**  
£13,399 carried forward: **Total £31,399**

### Barriers to learning:

Common barriers for children at Monkwick Junior School can be:

Poverty and Hunger

Attendance

Quality of Teaching

Behaviour/Attitudes towards learning

Parental Engagement and understanding of curriculum expectations and how they can help

Raising Aspirations

Lack of confidence/Low Self-Esteem- Social and Emotional needs

### Objectives for spending SPG:

1. Improve and sustain the quality of teaching in PE
2. Extend the opportunity to attend clubs and sporting events
3. Encourage active travel to school
4. Encourage active play at break and lunchtimes

**NB – all amounts listed are not all total costs but the contribution taken from SP funding towards these costs.**

Expected Outcome:	Action:	Budget	Impact and Outcomes
<p><b>Improve and sustain the quality of teaching in PE</b></p> <p>Raising the quality of teaching and learning through support so that there is a higher percentage of Good+ teaching in PE.</p> <p>Increase the skills, confidence and competence of staff ensuring that all statutory requirements are met.</p> <p>Improved assessment results.</p>	<p>Staff Survey and CPD events to improve subject knowledge and practice.</p> <p>Observe specialist sports coaches delivering PE lessons.</p> <p>Live coaching in lessons.</p> <p>Peer coaching: specialists and experienced staff with new teachers.</p>	<p><b>£5290</b></p>	<p>Staff supported by specialist coaches to deliver effective PE lessons and increase active participation during these sessions.</p> <p>Improved observations of PE lessons.</p> <p>New Outdoor Adventure games unit received positive responses from pupil voice and observations.</p> <p>Average assessment scores increased to 76%.</p> <p>All teaching staff and midday assistants received PE training led by SCS coach. This has led to increased confidence in leading PE sessions, increasing active participation and MDA-led games available at lunch.</p>

<p><b>Extend the opportunity to attend clubs and sporting events</b></p> <p>Pupils will engage in a wider range of sporting activities which should raise their aspirations of being fit for life.</p>	<p>Sports coaches lead after school clubs termly free of charge (Colchester United and SCS).</p> <p>Offer a wider variety of free extra-curricular sports activities, so there is more interest from all children. Rotation of activities so that pupils across the school get an opportunity to engage.</p> <p>Host a rounders tournament with other local schools in the summer term.</p> <p>Purchase new boccia sporting equipment to enable children to learn a new sport and participate in a local tournament.</p> <p>Attend four sporting tournaments across the year.</p> <p>Facilitate travel to sporting events.</p>	<p><b>£6000</b></p>	<p>Three free sports clubs led by COL U and SCS coaches after school. This provided 60 spaces.</p> <p>Football is led at lunchtimes by coaching staff twice a week. This has increased active play and supported children to understand the rules.</p> <p>Attended a trust boccia tournament at a school in Clacton with year 4 children.</p> <p>Attended a football tournament at a local school against seven other schools with year 5 children.</p> <p>Hosted a trust rounders tournament with four other schools attending.</p>
<p><b>Encourage active travel to school</b></p> <p>Increase the number of children walking, biking or scooting to school.</p>	<p>Survey how children travel to school and improve results.</p> <p>Install additional bike and scooter storage.</p> <p>Participate in Bikeability training.</p> <p>Purchase school bike/s and helmets for bikeability.</p>	<p><b>£6000</b></p>	<p>Increased bike and scooter storage space on school site. Additional 12 scooter spaces and 6 bike spaces.</p> <p>Increased number of children biking/scooting to school. Average of 22 by bike and 10 by scooter per day (Up from 17 and 7).</p> <p>15 year 6 children participated in bikeability training. All school-bought bikes and two helmets were lent out during this period to enable children to complete the course.</p>

<p><b>Encourage active play at break and lunchtimes</b></p> <p>Pupils engage in a wider range of sporting activities, which should raise their aspirations of being fit for life.</p>	<p>Sports coaches lead lunchtime clubs (Colchester United and SCS).</p> <p>New playground markings on the main playground.</p> <p>Identify and train year 6 play leaders to support activities at lunch.</p> <p>Additional resources purchased to enable sporting games and activities to take place at break and lunchtimes (as voted by school council).</p>	<p><b>£10000</b></p>	<p>Significant increase in the amount of equipment available to enhance the facilitation of active play at break and lunch. This has allowed a wider range of options to be offered and for enthusiasm towards sports to be developed during break/lunch times.</p> <p>Rotation of new sports and games set up at lunch times: tennis with nets, target games, throwing balance games.</p> <p>6 ball launchers purchased for each playground.</p> <p>Each playground now has a scooter zone with 8 to use during lunches and overseen by an adult.</p> <p>Each year group now has one large and one small goal. This has enabled eight groups to play football during lunchtime.</p>
<p><b>Improve swimming results</b></p> <p>More children are able to swim 25 metres</p>	<p>Year 6 pupils to attend additional swimming lessons in the summer term (already completed 10 statutory sessions in Year 5)</p> <p>Fund additional teaching and transport costs to the swimming centre.</p>	<p><b>£4399</b></p>	<p>Unable to complete this academic year due to no availability at all local swimming pools.</p>

## **Swimming Information**

The children attended swimming lessons during year 5 in the summer of 2022. Additional lessons were requested for children in the 2022-2023 academic year but these could not be facilitated at any local site.

### **Year 6**

21% of children are able to swim competently, confidently and proficiently over a distance of at least 25m. The same percentage can use a range of strokes effectively.

12% of pupils are able to swim between 10 metres and 20 metres.

13% can perform safe self-rescue in different water based situations whilst the remaining 87% have all had instruction on water safety.