

Red Challenge

Misconception - Buddhism is only practiced in China

The truth is **Buddhism** is a major religion in many Asian countries, including **Thailand**, Japan and India.

Misconception - All Buddhists meditate

The majority of **Buddhists** throughout history have not meditated. Meditation is traditionally something **monks** do, and then a speciality only of certain **monks**. It is only since the 20th Century that meditation is practiced by **others**.

Misconception - All Buddhists are vegetarians

Monks and nuns originally begged for their meal, which meant they would eat **whatever** was offered to them, including **meat**. In China they are **vegetarian**, in Tibet they are not.

Misconception - Buddhists statues depict the Buddha

Most statues of the large-bellied man are known as “the **laughing Buddha**”. They are not Siddharta Gautama, the original **Buddha**, who was thin.

Misconception - Buddhists believe in reincarnation

Some **Buddhists** do believe in reincarnation, most don't. Buddhists do believe in **rebirth**, which is a **different** concept regarding the passing on of emotions, memories and tendencies.

Yellow Challenge and Green Challenge

You may have different sentences but these are some examples of what you may have written.

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