

Red: The steps have been given for you. Choose from the bank of time adverbials and adjectives on the next page or use your own to write a more detailed instruction text.

Have you ever thought about what you should do in an earthquake? Here are some instructions to follow if you find the earth shaking around you.

- 1) If you are in bed, cover your head with a pillow.
- 2) If you are inside, drop, cover and hold on. Drop to the floor and take cover under something so nothing falls on you.
- 3) If there is nothing to hide under, crouch next to a wall. Be careful - stay away from windows because broken glass could hurt you.
- 4) When you are in your position inside, hold on with one hand and cover your eyes with the other to protect them.
- 5) If you are outside, move away from buildings, trees and power lines.
- 6) Drop to the ground until the shaking stops.
- 7) To prepare for when there is an earthquake, make a disaster kit.

This should include:

- Torch
- Radio
- Extra batteries
- First aid kit
- Extra clothes
- Food and drink

Top Tip:

Although you might be scared, remain calm and don't panic! These steps will help to keep you safe.

Time adverbial bank

First,

After that,

Second,

Then,

Before,

Meanwhile,

Next,

Adjective bank

Sturdy

Strong

Shattered

Scary

Frightening

Soft

Sharp

Heavy

Tall/Big

Warm

Cold

Yellow: The first steps have been given for you. Use time adverbials and adjectives to write more detailed sentences for the first steps. Then use the information you have learnt to write the rest of the instruction text. If you need help, re-watch the video on the Slides.

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- 4) When you are in your position inside, hold on with one hand and cover your eyes with the other to protect them.
- 5) If you are outside...

Green: Write your own set of instructions using the information from the video. If you get stuck, watch the video again or take some ideas from the yellow activity.

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