

Red:

Choose the information that stands out for you to create an information banner:

At the swimming pool

1. Always make sure an adult is pool side
2. Check the water depth and make sure that you know which end is shallow and which end isn't.
3. Weak and non-swimmers should not go out of their depth unsupervised – even when you are using floatation devices.
4. Walk, don't run. Encourage little ones to walk, lots of pool accidents happen out of the water from slipping on the wet surface.
5. Be aware of any trip hazards especially if any toys or float aids have been left out around the pool.
6. Children should use a buoyancy aid

Yellow:

Complete 2 information banners - choose one from 'At the swimming pool' and one from 'At the beach'

At the swimming pool

Always make sure an adult is pool side

Check the water depth and make sure that you know which end is shallow and which end isn't.

Weak and non-swimmers should not go out of their depth unsupervised – even when you are using floatation devices.

Walk, don't run. Encourage little ones to walk, lots of pool accidents happen out of the water from slipping on the wet surface.

Be aware of any trip hazards especially if any toys or float aids have been left out around the pool.

Children should use a buoyancy aid

At the beach

Familiarise yourself with the beach flags: on the continent - red for danger, yellow for caution and green for safe.

Be aware of hazards - waves, rip tides

Avoid taking lilos and other inflatables into the water

Avoid playing near rocks or boats

Make sure that an adult accompanies you - check that you can always see your adult

Always swim parallel to the shore and stay within your depth

Green:

Research and create two information banners - here are links to an information site:

<https://www.rlss.org.uk/safety-on-holiday>

and

<https://www.rlss.org.uk/summer-water-safety>