

Can I be safe around water?

Year 4 Summer Week 4 Lesson 1

What have we learnt so far?

In lesson 1 we learnt about the dos and don'ts of being near open water.

In lesson 2 we learnt what cold water shock is and what we can do when it happens to us.

Today, we are going to learn about being safe around water when you go on holiday.

What to do today?

I am going to give you information and you are going to create an information banner that you think is the most important!

But before we do that, what is an INFORMATION BANNER?

Go to the next slide...

What should an information banner have?

- The larger the better
- Use large text. ...
- Choose a bold and readable font. ...
- Provide a simple message. ...
- Include necessary information. ..

Be creative. You can cut out letters from magazines or newspaper to create a message

Example of an Information banner

Check out the colour of the beach flags

Red stands for danger
Yellow for caution
Green for safe



Information 1 - At the swimming pool

Always make sure an adult is pool side

Check the water depth and make sure that you know which end is shallow and which end isn't.

Weak and non-swimmers should not go out of their depth unsupervised – even when you are using floatation devices.



Information 1 - At the swimming pool

Walk, don't run. Encourage little ones to walk, lots of pool accidents happen out of the water from slipping on the wet surface.

Be aware of any trip hazards especially if any toys or float aids have been left out around the pool.

Children should use a buoyancy aid.



Information 2 - At the beach

Familiarise yourself with the beach flags: on the continent - red for danger, yellow for caution and green for safe.

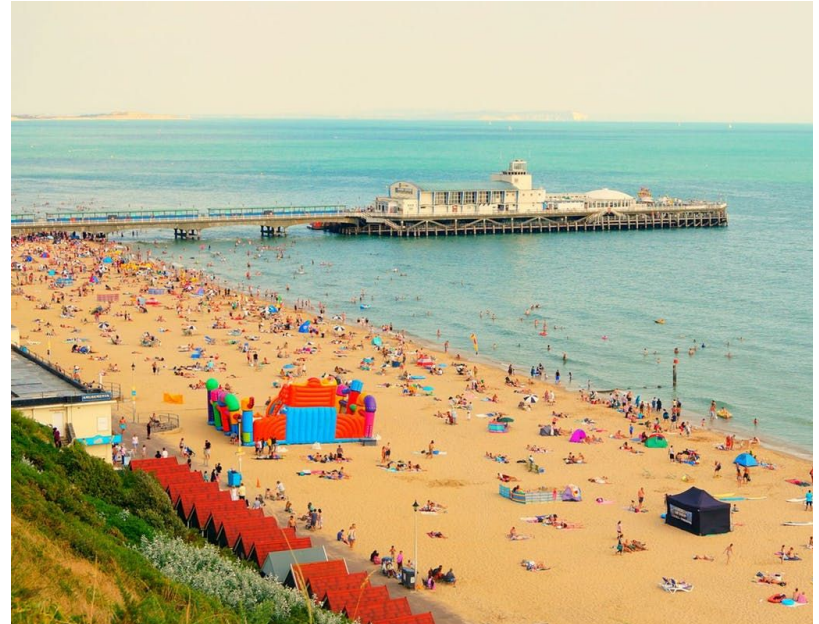
Be aware of hazards - waves, rip tides

Avoid taking lilos and other inflatables into the water

Avoid playing near rocks or boats

Make sure that an adult accompanies you -
check that you can always see your adult

Always swim parallel to the shore and stay
within your depth



Activity: Information banner

Now have a go at creating an information banner

Red - Choose one fact from 'At the swimming pool'

Yellow - Complete 2 information banners - one from 'At the swimming pool' and one from 'At the beach'

Green - research and create an information banner - here is a link to an information site - <https://www.rlss.org.uk/safety-on-holiday> and

<https://www.rlss.org.uk/summer-water-safety>