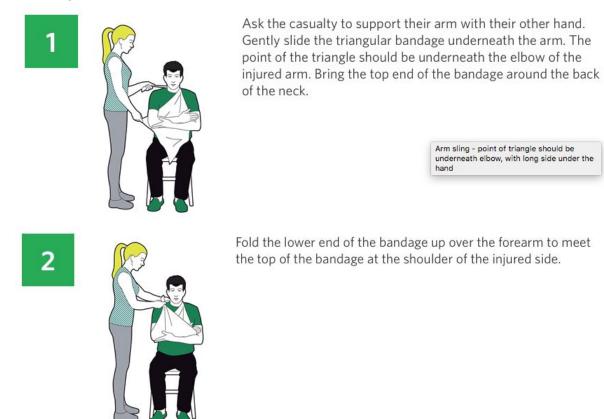
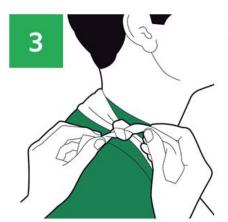
Arm sling instructions:





Tie the two ends of the bandage together in a reef knot above their collar bone and tuck in the free ends.



Adjust the sling so that it supports their arm all the way to the end of their little finger.





Make sure that the edge of the bandage by the elbow is secured by twisting the fabric and tucking it in, or using a safety pin to fasten.

6



Check the circulation in their fingertips every 10 minutes. Press their nail for 5 seconds until it turns pale, then release to see if the colour returns within 2 seconds.