

## Prompt sheet to support your explanation:

| Title       |                                 |
|-------------|---------------------------------|
| What is     | Body reaction<br>Cold water     |
| cold        |                                 |
| shock?      |                                 |
| What are    | Gasp breathing<br>Hyperthermia  |
| the         | Struggle to swim<br>Muscles cod |
| effects?    | Swallowing water                |
| How can     | Float<br>Get out                |
| you         | Too cold                        |
| survive it? |                                 |