

Fast Five

- 1) What continent is China in?
- 2) What countries does China border?
- 3) What is the population of China?
- 4) What is the main river in China?
- 5) What ocean is China next to?

Fast Five Answers

- 1) What continent is China in? **Eastern Asia**
- 2) What countries does China border? **Russia, Kazakhstan, Mongolia, India and Vietnam**
- 3) What is the population of China? **Over 1.4 billion**
- 4) What is the main river in China? **Yangtze river**
- 5) What ocean is China next to? **Pacific ocean**

Can I explore the culture and traditions of other countries?

China



Chinese New Year

- Chinese new year, often called Lunar new year or Spring festival, is China's most important festival
- The main Chinese New Year Activities:
 - Putting up decorations
 - Spending time with family and eating a reunion dinner
 - Setting off fireworks and firecrackers
 - Chinese New Year gifts and giving red envelopes
- The red envelopes are gifted to children and unmarried adults and contain money. Employers are also expected to give red envelopes to unmarried employees as a sign of gratitude.

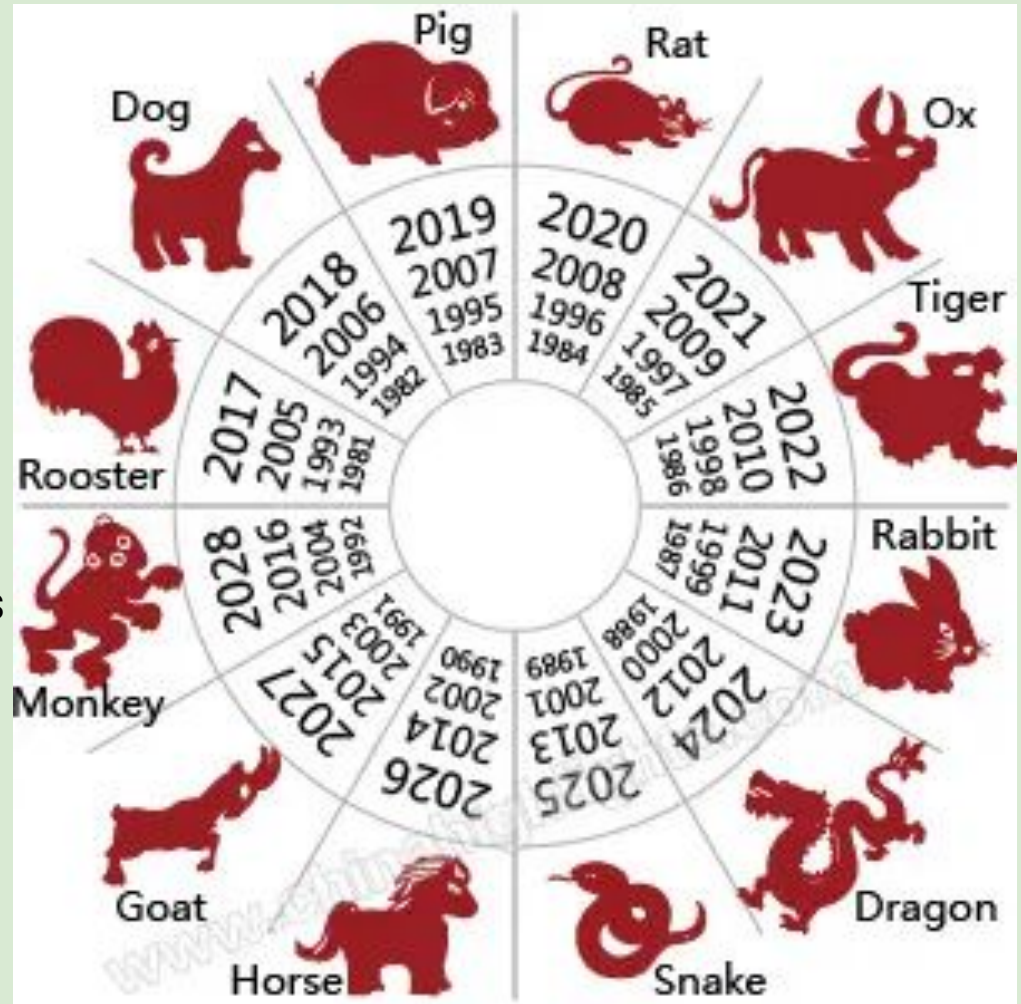


Chinese Zodiac Signs

- Which Chinese Zodiac sign are you?
- What Zodiac sign is 2020?

There is a zodiac story that explains why the animals were chosen:

<https://www.topmarks.co.uk/ChineseNewYear/ZodiacStory.aspx>



Traditional Chinese cuisine



Chinese Dumplings: 饺子 Jiǎozi



Dumplings were invented by the medical sage Zhang Zhongjing over 1,800 years ago. Herbal medicine was stuffed inside with cold mutton to cure illnesses in winter.

The custom of eating dumplings during the Chinese New Year celebration was created around 618-907 AD. People eat them at New Year to say goodbye to the old year and welcome in the new year

Modern dumplings are stuffed with all kinds of savoury foods such as pork, beef, lamb, fish, cabbage, carrots, leek etc.



Moon Cake 月饼 yuè bǐng

A moon cake is a traditional food for the mid-autumn festival. It is round, which symbolises family reunion. It is also a sacrificial offering to the Moon God during the mid-autumn festival.



Over the years, the moon cake has evolved and you can have sweet or savoury fillings such as red bean paste, roses, lotus seed paste, ham, egg yolk, ginkgo, dried plum and rock sugar.



Zongzi 粽子 zòng zi

Zongzi is a form of traditional food that was created over 2,000 years ago between 770 - 476 BC.

It is one of the main foods of the Dragon Boat Festival, and is created by wrapping sticky rice and other ingredients in bamboo leaves.

Common ingredients used today are shrimp, rose, date paste, bean paste, pork, ham and sausage.



Traditional Chinese Art



What do you notice about the colours used?

What do you notice are in all of the paintings?

Chinese Martial Arts



Chinese martial arts (often referred to as Kung Fu Gongfu or Wushu), are a series of traditional Chinese fighting styles. However, nowadays it is regarded as more of a traditional sport.



Kung Fu advocates virtue and peace, not aggression or violence. This has been the common value upheld by martial artists from generation to generation. It promotes self defence, rather than attack.

Chinese Language

- The most commonly used language in China is Mandarin, which is one of the 6 official languages of the UN
- Writing is traditionally read in columns from top to bottom
- There are more than 100,000 different Chinese characters, but most Chinese people only use between 3,000 and 6,000



Now try having a go at writing your name or a message in Mandarin...

A	B	C	D	E
女	氣	安	宀	功
F	G	H	I	J
夫	武	止	戈	術
K	L	M	N	O
空	手	康	道	乚
P	Q	R	S	T
首	場	流	充	彳
U	X	Y	Z	
極	拳		氣	

If you would like to submit your work, please send it to this email address:

year6@monkwickjunior.school